



**VIDYA
INSIGHT**

Coaching Approaches for Managers and Supervisors

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OVERVIEW

This workshop equips managers and supervisors with coaching mindsets and tools to inspire accountability, creativity, and ownership among their teams. By adopting a coach-like approach, leaders become enablers of performance and growth—creating more motivated, agile, and resilient organizations. Participants will learn foundational coaching principles such as the GROW model (Goal, Reality, Options, Will), appreciative inquiry, and strengths-based development. The training covers how to build trust, recognize growth opportunities, hold productive conversations, and turn performance reviews into coaching moments. Emphasis is placed on integrating coaching into daily leadership routines rather than isolating it as a formal HR process.

Audience

Designed for team leaders, line managers, middle-level supervisors, department heads, project coordinators, and HR professionals looking to foster people-first leadership. Also valuable for senior staff transitioning from technical roles into managerial ones.

Instructors

Led by certified leadership coaches, organizational development experts, and HR strategists with experience in performance coaching, leadership training, and cultural transformation. Instructors blend theory with hands-on tools tailored to management contexts.

Register Now



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**Available in English
and Arabic**